

ST.A.R.R Tips Packing List



CLOTHES/ACCESSORIES

✓ QTY.

- Underwear
- Socks/Stockings
- Undershirts/bras
- Sleepwear
- T-shirts
- Dress shirts
- Casual shirts
- Jeans
- Pants
- Shorts
- Dresses

✓ QTY.

- Skirts
- Sweater/sweatshirt
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- Umbrella
- Coats/jackets/rainwear
- Sun Hat
- Scarves
-
-
- Laundry kit (soap/stain remover)
- Laundry bag

✓ QTY.

- Comfortable shoes
- Sandals/flip-flops
-
- Purse
- Belt
-
-
-
-
- Sun glasses
- Under-clothing document holders



TOILETRIES

- Toothbrush
- Toothpaste
- Dental floss
- Soap
- Deodorant
- Shampoo/conditioner
- Brush/comb
- Hairstyling tools
- Face cleanser

- Face lotion/gel/etc.
- Sunscreen
- Moisturizer
- Contact lenses/solution
- Shaving supplies
- Makeup
- Makeup remover
- Menstrual products
- Diarrhea medicine

- Nail file/clippers
- Tweezers
- Hand sanitizer
- Bandages
- First-aid ointment
- Insect repellent
- Medications
- Pain relievers
- Vitamins



MISC.

- Cell phone
- Laptop/tablet
- Electronic chargers

- Plug adaptor - type G, 240 volts, 50HZ
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- List of medications

- Emergency contacts
- Credit-card/bank contact
- Copy of passport/credit card/etc.



CARRY-ON

- Passport/visa/ID
- Bible
- Notebook/pen
- Earbuds/headphones
- Travel blanket/jacket
- Travel pillow
- Ear plugs/eye mask
- Tissues

- Change of clothes
- Food/snacks/gum
- Empty water bottle (fill post-security)
- In-flight medications
- Lip balm
- Camera w/memory card
- Book/magazine
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- Cash
- Credit/ATM card
- Insurance card (medical/travel)
- Itinerary
- Maps/directions
- House/car keys
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